



Study Sport Science at University in a range of Sport courses or related
Enter into Employment or Training in Sports Industry

Level 3 Sport Triple award: students complete single and double units in addition to Unit 6 improving fitness for sport, Unit 7 exercising to music and Unit 20 Sports and exercise sociology.

Level 3 Sport Double award: students complete only single award units in addition to unit 17 sports injuries and unit 19 sport psychology

Level 3 Sport single award: students complete unit 18 practical sports & filming for evidence of performance and Unit 8 Organisation of Sports Events

Second and final Sitting of external exams for Level 3 Sport

UCAS
Apply for University through UCAS or alternative post 18 Sport courses

YEAR 13

Final Course Results / external moderation

Planning Sports day & Interschool Sports Competitions

Further Sports Leadership opportunities: Umpiring Badminton / Rounders competition

1st Sitting of unit 3 and unit 21 exam

Double award: Complete First Aid course

School Games and Sports day- Officiating across a range of activities

Take a gap year, travel the world and embrace the world

Option 1: Choose Level 3 Sport Course (single, double or triple award)

YEAR 12

Level 3 Sport single award: students study Unit 1 Body systems, Unit 2 Sport Coaching, Unit 3 Sport Development, and Unit 18 Practical Skills in Sport and Physical Activities

Level 3 Sport double award: students study all single award units in addition to, Unit 13 fitness testing, unit 5 analysis of performance, unit 11 Physical Activity for Specific Groups and unit 4 working safely in sport

Level 3 Sport triple award: students study all single and double units in addition to, unit 12 Nutrition, Unit 21 The Business of Sport and Unit 14 Working in Active Leisure

Opportunities to support in PE Department

Work Experience opportunities in sport

1st Sitting of unit 1 exam and unit 4 exam

6th form choices, careers advice & promotion / taster sessions.

Sports Studies Will plan their own Outdoor Activity session RO56

Sports Studies Understand the value of Outdoor Activities RO56

Sports Studies— opportunity to retake their RO51 exam

Core PE pathway - Lifelong Love for PE / Sport and Physical Activity with students offered pathway choices

YEAR 11

KS4 theory: applying theoretical knowledge and understanding of the body systems and applying them to sporting examples



Sports Studies study the contemporary issues within sport. RO51 (exam)

Representing their house on sports day

LO1- Issues affecting participation in Sport

LO2- The role of sport in promoting values

LO3- Major Sporting Events

LO4- National Governing Bodies

Sports Studies students – sit the RO51 exam

Core PE pathway- Students enjoy choosing their practical options: Healthy, Challenge, Leadership or Competitive Pathways

CSLA Sports leadership opportunities



KS4 Practical: Development of techniques, tactics, and leadership skills with a student led curriculum to promote lifelong participation

Sports Studies students start sports leadership unit. Students will look at the roles and responsibilities and plan, deliver and evaluate a session of their choice. RO53

Sports Studies students will evaluate their own strengths and weaknesses in individual/team based sport RO52

Sports Studies students will develop their officiating skills in a team/individual sport RO52

Sports Studies students in practical – will take part in individual and team based sport. RO52

Sports Studies develop their Outdoor Activities skills. Opportunity to take part in Sailing, Kayaking, Climbing and Orienteering RO56

YEAR 10

Opportunity to discuss option choices for Cambridge National Sports Studies

Opportunity to start JSLA – Sports Leadership

Skill and tactical development in Net and Wall games

Introduced to a range of methods of training

Students to participate in all activities. Order of activities depends on facilities available and the whole school timetable

Year 9

Technical and tactical skill development

Opportunity to join Dance Academy

Opportunities to analyse performance of peers

Take part in a range of fitness activities & use the schools fitness suite – Wellbeing focus

Develop basic skills and introduce strategies

skill & tactical development in invasion games Netball, Football, Rugby, Basketball, Handball

YEAR 8

Experience Athletics and Striking & fielding

Compete in various sports events

Experience a range of team/invasion games

Get involved in a range of other Extra curricular activities

Develop understanding of benefits of being active

Year 7

Take part in various sports/activities for their Sports Day team

Experience Dance and Gymnastics

Experience OAA and Net/Wall games

Opportunity to represent the school in fixtures & events



Enjoyment of physical activity and development of multi-skills, rules and basic tactics

To develop the physical, emotional and social well-being of individuals as well as encourage leadership skills whilst promoting lifelong participation in physical activity