

5 Revision Strategies: Make it stick and then apply it

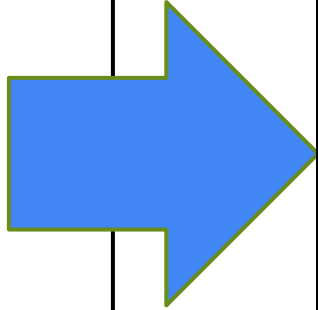
Introduction PLC RAG and Pomodoro Method

1. Leitner Method
2. Spaced Repetition and the 2357 method
3. Blurting or mind mapping
4. Self Quizzing
5. Past Papers- model live

Make a Personalised Checklist and RAG

To revise for Education
Sociology

- Ed policy and inequality
- Ethnic achieve
- Role of Ed
- Gender differences
- Social Class Internal
- Social Class External
- Theories on Education



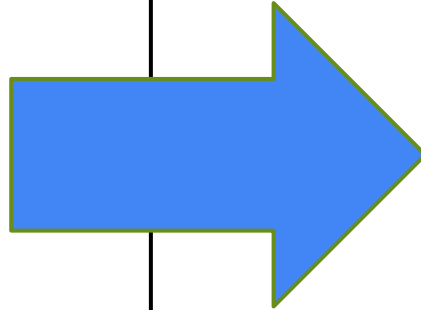
Rank order (most revision needed)

- 1st. Ethnic achieve
- 2nd. Ed policy and inequality
- 3rd. Gender differences
- 4th. Role of Ed
- 5th. Social Class Internal Factors
- 6th. Social Class External Factors
- 7th. Theories on Education

So what's your next step?

Rank order (most revision needed)

- 1st. Ethnic achieve
- 2nd. Ed policy and inequality
- 3rd. Gender differences
- 4th. Role of Ed
- 5th. Social Class Internal Factors
- 6th. Social Class External Factors
- 7th. Theories on Education



So this student needs to make sure that they spend more time revising these topics and devise and execute the most effective range of strategies

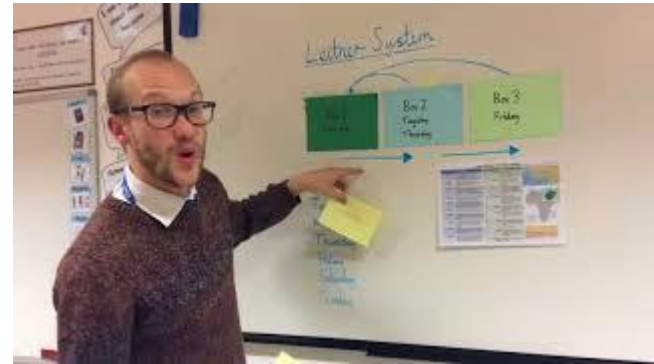
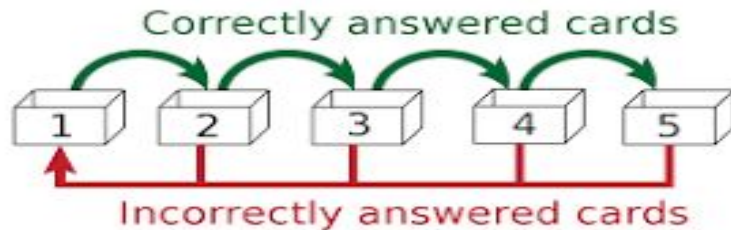
Research on Revision

[Five best revision techniques - Exams and Revision | Birmingham City University](#)

**THE
POMODORO
TECHNIQUE**

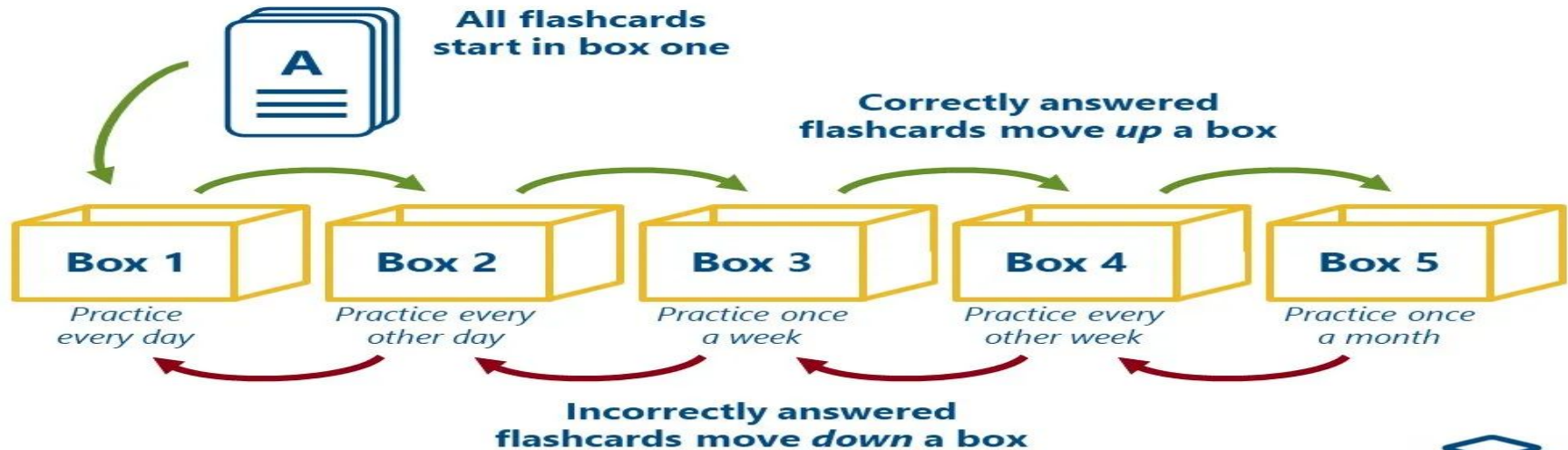
The Leitner Method

The Leitner System is based on the principle of spaced repetition, the idea that our brains will better remember material if we revisit it repeatedly over a length of time. This idea has repeatedly been backed by science as the best way to retain information over long periods of time



How to use the Leitner system for flashcards

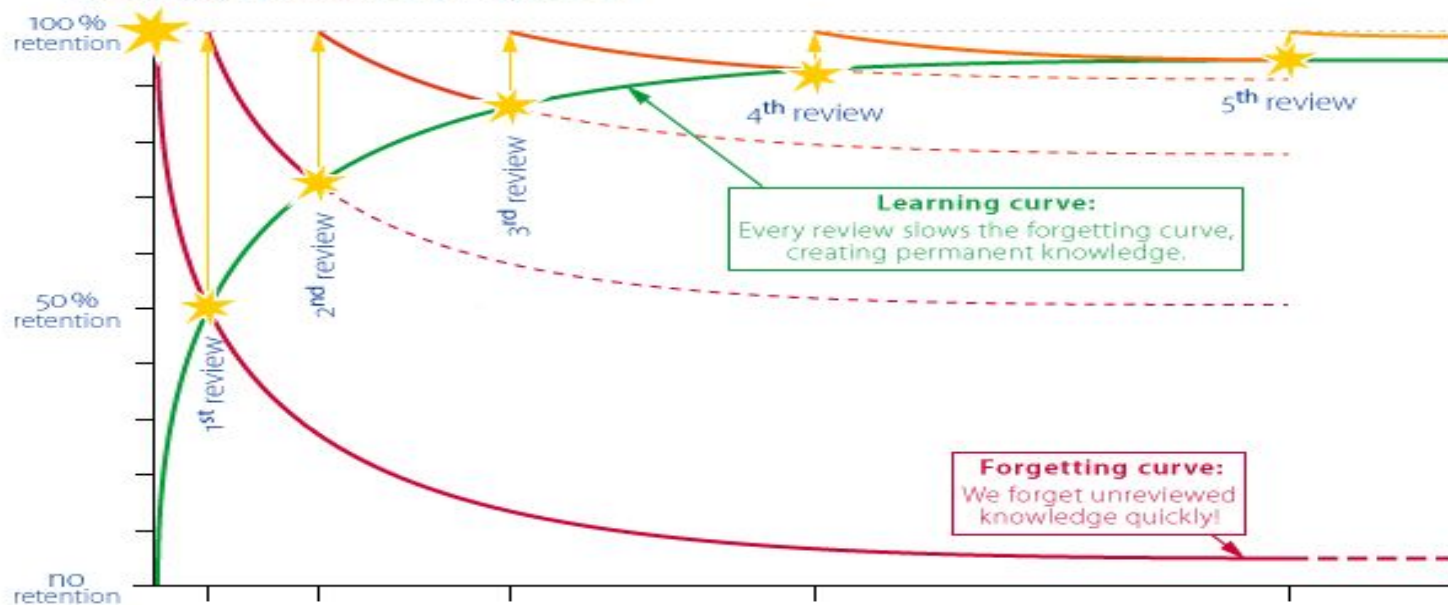
Increase your memory with spaced repetition and active recall





Why spaced review works

www.LearnThat.org, a LearnThat Foundation project



Spaced Repetition and the 2357 method

THE 2, 3, 5, 7 METHOD

 BIRMINGHAM CITY University

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5 Exam Maths	6 Exam English
7	8	9	10 Exam Biology	11	12 Exam Maths	13 Exam English
14	15	16	17 Exam Maths Exam Biology	18 Exam English	19	20 Exam Maths
21 Exam English	22 Exam Maths Exam Biology	23 Exam English Maths exam	24 English exam	25 Exam Biology	26	27 Exam Biology
28 Biology exam	29	30	31			

Spaced repetition and the 2357 method

Spaced repetition is a scientifically proven method that involves reviewing information at closer intervals, boosting your memory, and making it less likely you'll forget everything. The 2357 method is a way to plan out your revision sessions as you get closer to exams

Blurting or Brain Dumping

BLURTING

HOW SHOULD I DO CUMULATIVE QUIZZING?

Study a topic and add a question or two to your quiz based on what you have learned.



Write down the answer somewhere hidden e.g. on the back of the page.

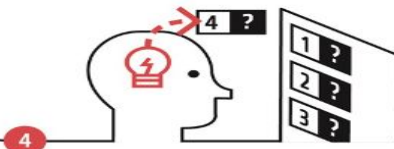


The next time you are about to study, take out your cumulative quiz and test yourself on all of the questions you have written previously.

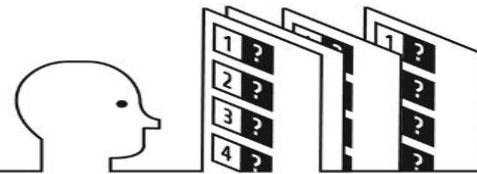


3

Add a question each time you finish studying the next section of a topic.



Answer all of the questions that are building up each and every time, before you study fresh material. The list will get longer, but answering the questions will get easier.



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Past Papers- Applying the revision

