

Sport

Specification: Pearson BTEC Level 2 First Diploma in Sport
Pearson BTEC Level 3 National Extended Diploma in Sport

Assessment: Portfolio of Evidence, Practical Demonstration/Assignment
Task-based Controlled Assessment, Written Examination.

Programme Outline

Our exciting projects and assignments based on sport related situations help you develop skills in areas such as coaching, teambuilding and planning, alongside knowledge of the issues facing the sector. Join the programme and prepare yourself for employment or further study. BTEC First Diploma: GCSEs Grades 5-9 equivalent. Work experience will be built into the course.

The course is made up of units completed in one (L2) or two (L3) academic years including:

- Fitness for sport and exercise
- Practical sports performance
- Leading sports activities
- Injury in sport
- Injury and the sports performer
- Running a sports event

What are the career opportunities that are available to me?

In sport there is the opportunity to work in personal fitness, professional sport, PE teaching to name a few. These students want to keep fit, live longer and have healthy lives.

What qualities will I need?

You will need to be fit and active and be able to develop very good communication skills. Being good at one particular sport will be helpful. You will need patience and an ability to get on with all sorts of people.

What will I need to wear?

A uniform or specific sports wear will be required - usually a tracksuit or similar outfit. You will need to look professional but be able to move freely. For highly specialised sports (watersports) special clothing (wetsuits) will be provided.

What opportunities will this course open for me?

On completion of Level 2, the students will have the opportunity to progress to Level 3 (conditions of Merit Grade) or seek employment in the Sport sector. Most students progress to an apprenticeship or apply for a position of employment. Many of those completing Level 3 courses continue to Higher Education and become sports teachers or managers, sports leaders, coaches, fitness instructors, sports technicians, physiotherapists and administrators.

Where can I complete my work placement?

At local gyms, working in the fitness industry or through being a member of the cadets.

